

# Kids Speak: For Children Who Stutter

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Craig Coleman, M.A., CCC-SLP  
J. Scott Yaruss, Ph.D., CCC-SLP



### Holiday Stuttering Contest Answers!

Thanks to everyone who participated in our 2004 Holiday Stuttering Contest! This year, over 25 children from all over the U.S. took part in the contest. Each child who participated received a certificate.

In the next issue of Kids Speak, we will begin another exciting contest for children all over the country! So, get ready! In the meantime, here are the answers to the Holiday Stuttering Contest for 2004!

### Stuttering Trivia Contest Answers

1. Do people usually stutter when they sing? **No, but it's not clear why!**

2. Do boys stutter more than girls?  
**Yes - about 4 to 1!**

3. List 2 famous people who stutter.  
There are lots of famous (and not-so-famous) people who stutter, e.g., James Earl Jones, Bruce Willis, Annie Glenn, Bob Love, and John Stossel.



4. Name 3 types of stuttering.  
Repetition (Bounce), Prolongation (Stretch), Block (Freeze), Interjection (Floater)

5. Is there a "cure" for stuttering like a magic pill? **No, but you can make a difference in your speech!**

6. If you stutter, are there certain jobs you can't have? **No - people who stutter can do anything they want!**

7. What percentage of the people in the world stutter? **About 1 percent**

8. Should you tell people who stutter to "slow down"? **No**

9. Does talking really fast help you stutter less? **No**

10. Is it better to stutter easy or hard? **Easy**

11. Is it a good idea to stop talking if you think you might stutter? **No. You should always say what you want to say!**

12. What is one thing you can do to help your stuttering? **Go to speech therapy; learn about stuttering; practice your techniques like easy onsets, pausing/phrasing, pull-outs, cancellation, and learn that *stuttering is okay!***

13. Is stuttering on purpose sometimes a good thing to do? **Yes - it can help you keep control over your speech**

14. Does your brain help you talk?  
**Yes - all talking involves the brain.**

15. If you stutter, you should not talk in class. **Not true! You should participate in class just like everybody else.**

16. What causes stuttering? **Stuttering runs in families...and for some reason, your brain and mouth may not work together like they should**

17. Does everyone have some bumpy speech sometimes? **Yes...all people produce bumps in their speech sometimes.**

18. What parts of your body help you talk? **Brain, Lungs, Lips, Jaw, Tongue, Voice Box, Teeth**

19. Does blinking your eyes or nodding your head help you when you stutter?  
**No - the best thing is to learn to reduce the tightness in your muscles.**

20. What do you do when you get teased about stuttering? **Tell someone, teach people about stuttering, and work with your speech teacher to create a plan!**

