

Kids Speak: For Children Who Stutter

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Craig Coleman, M.A., CCC-SLP
J. Scott Yaruss, Ph.D., CCC-SLP

Stuttering Stories



In the last issue of *Kids Speak*, we asked you to tell us your stories about stuttering. We had some great stories sent to us. We will share them with you here and in the next issue of *Kids Speak* as well. You can still send in your stories to us and we will do our best to make sure we include them. Remember, your stories can be about anything that you want to say about stuttering.

Here are some stories that were sent to us:

"BEING BULLIED IS NOT FUN"

My name is Allison, and I am 9-years-old. I'm one of those people that stutter in the world. I go to someone named Mr. Hammer. He helps me a lot. He gave me three ways how to deal with bullies. Here are three things you could say to bullies: (1) "If you get too close to me, you'll catch it too." (2) "Thanks for noticing that about me." (3) "Did you think of that yourself?" My favorite one is "If you get too close to me, you'll catch it too."

So one day I used my favorite one, "If you get too close to me, you'll catch it too", because I didn't want the bully to sit with me on the bus. So I said it, and she said she wanted to stutter. Then she came over, and I said "IT'S NOT TRUE", and so she moved to another seat. Ever since that day, I have not been afraid to talk to her.

That is my story about stuttering.

"I FEEL GOOD ABOUT MY STUTTERING NOW"

Hi my name is Travis. I have been stuttering since I was 6 years old and now I am 19. I have had three speech teachers in my life. I think my stuttering is getting better. Some people say that I talk like I am from another planet and one teacher in middle school said that I have trouble with some of my letters. My stuttering has changed a lot since I was a little kid thanks to my speech teachers. It is sometimes hard to get words out. It takes me 5 or 10 minutes to get a word out sometimes. I feel good about my stuttering now.

"I WAS AFRAID OF STUTTERING"

One year I was in the talent show and a person asked me to be in their skit. I said I didn't want to talk in the skit. So I didn't because I was afraid of stuttering. Now I would definitely talk in the play.

"I PRACTICE WITH MY FRIENDS"

I practice with friends of mine. We do bouncing, stretching, reading, and we sound things out. We also study about stuttering. This really helps me.

