

Kids Speak: For Children Who Stutter

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Craig Coleman, M.A., CCC-SLP
J. Scott Yaruss, Ph.D., CCC-SLP

Welcome to Kids Speak!!



Welcome to a special newsletter just for children who stutter. In this newsletter, we will try to have some fun, while learning about out stuttering. Stuttering can be hard, but learning about stuttering can be fun!

It can also be good to hear about stuttering from other kids just like you.

We would love to hear your stories about stuttering, or you can tell us any

fun things you have learned about stuttering. Send your stories to Craig Coleman at craig.coleman@chp.edu

You can have your mom and dad help you if you want. If you write us, we can put your story here in our newsletter!

Ok, let's get started learning some cool stuff about stuttering...

What Do You Know About Stuttering?

Recently, we sat down with 3 kids who stutter to talk about their speech. We asked them some questions about their speech. Here's what they told us:

1. What is stuttering?

"When a person can't get a word out."

"When you get stuck on a word."

"Something that some people hate and some people don't."

What do YOU think stuttering is?

2. What can you do to help stuttering?

"Stop and start over."

"Practice easy stuttering."

"Do an easy beginning when you get stuck."

What do YOU think you can do to help stuttering?

3. What makes you stutter more?

"Talking faster."

"Talking on the phone."

"Talking with people you don't know."

What makes YOU stutter more?

4. What don't you like about stuttering?

"When people make fun of me."

5. What can you do if people make fun of you?

"Tell the principal."

"Tell my dad."

"Say 'people who stutter are much smarter.'"

"It's not good to hit people because then you get in trouble too."

6. What happens when you stutter very hard?

"You stutter longer."

"You have more tension."

"You blink your eyes."

"You have tension in your neck."

"Your voice box works harder."

All of the kids agreed that it is better to stutter easier. They said that easy stuttering means no blinking, no tension, and going slower. You can do that too!

If you have questions or comments of your own, send us an email at craig.coleman@chp.edu! We can print your thought here.

See you next time!

