



## **Stuttering Center of Western Pennsylvania**

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[www.StutteringCenter.org](http://www.StutteringCenter.org)

## **Information for Individuals Who Stutter**

### **What is the Stuttering Center of Western Pennsylvania?**

- The Stuttering Center is a partnership between the Department of Audiology and Speech-Language Pathology at Children's Hospital of Pittsburgh of UPMC and the Department of Communication Science and Disorders at the University of Pittsburgh.
- The Stuttering Center provides specialized assessment and treatment for children and adolescents who stutter and their families, as well as education, training, and support for clinicians who work with people who stutter.
- The Stuttering Center also pursues an active program of basic and clinical research on the nature and treatment of stuttering across age groups.
- The Stuttering Center is staffed by board-recognized specialists in fluency disorders and certified speech-language pathologists working in collaboration with nationally recognized scientific practitioners who specialize in the diagnosis and treatment of stuttering.

### **What Kind of Treatment Is Available?**

- The Stuttering Center offers client-centered diagnosis and treatment designed to help people who stutter get the most out of their lives. Our basic philosophy is that stuttering is more than just a speech disorder. In order to help people learn to cope with their stuttering successfully, it is necessary to work with the whole person, not just the speech mechanism.
- Treatment is specifically designed for each client individually. General goals of treatment are to help clients improve their fluency and overall communication abilities in order to maximize their participation and success in social, occupational, and professional endeavors.
- Individual or group treatment may be recommended, depending upon the needs of the child. Individual sessions focus on communication skills and addressing the child's experiences with stuttering. Group sessions add the opportunity to interact with others who stutter to exchange ideas about how to improve fluency, communication, and participation in everyday situations.
- Stuttering Center clinicians work closely with the National Stuttering Association (NSA) to help people who stutter achieve their greatest success both in and out of therapy. More information about the NSA is available at [www.WeStutter.org](http://www.WeStutter.org) or by calling 1-800-We Stutter.

### **Where Do I Get More Information?**

- To schedule an evaluation or for more information, call the Department of Audiology and Speech-Language Pathology at Children's Hospital of Pittsburgh of UPMC (Main Hospital) at (412) 692-5580. Mention that you are calling about the Stuttering Center.